



2023 Softball Coaches Clinic

Club Fusion Volleyball Center
11104 S. Grant HWY (Rt. 20)
Marengo, IL 60152

Website

<http://icasoftball.org/>

Twitter

@ica_softball

Friday, January 27, 2023

8:30 a.m. - 2:30 p.m.

CLINIC AGENDA

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| 8:00 a.m. | Doors Open (Registration, Donuts & Coffee provided by <u>Adrenaline Fundraising</u>) |
| 8:30 a.m. | Welcome |
| 8:35 a.m. | Jeff Nowaczyk: Hitting Mechanics & Drills |
| 9:15 a.m. | Greg Blakey: Team Defense (Communication & Drills) |
| 9:55 a.m. | Brian Freese: Instilling an Offensive Philosophy |
| 10:35 a.m. | Roundtable: Denny Throneburg, Perry Peterson, Greg Blakey, Ken Grams |
| 12:00 p.m. | Lunch Provided |
| 12:30 p.m. | Denny Throneburg: "Topic of his choice" |
| 1:00 p.m. | Fred Schlessinger: NFHS Rule Changes, 5 Most Misinterpreted Rules, How to Approach an Umpire |
| 1:30 p.m. | Jeff Nowaczyk: Throwing & Fielding - Increase Speed and Accuracy |
| 2:00 p.m. | Brian Freese: Maximizing your Offense |
| 2:30 p.m. | Closing Remarks |

*****Meet the Speakers*****

Denny Throneburg

Coach Throneburg is one of the most widely recognized figures in softball. He was the head coach at Casey-Westfield for 22 years where his teams compiled an amazing 647-56. The Lady Warriors captured six state titles and 22 consecutive conference championships while compiling an overall conference record of 115-1. He has twice been named National High School Softball Coach of the Year, winning that prestigious award in 1997 and again in 2000.

Ken Grams

Coach Grams is the second coach in IHSA history to reach 1000 wins. Coach has been the head coach of the Elk Grove Grenadiers since 1981 and has won 20 Regional, 4 Sectional and 2 Super-Sectionals Championships. His 2009 team earned a 3rd place finish and his 2012 team finished with a 4th place finish.

Perry Peterson

Coach Peterson has a career total of 908 wins. He is the third coach to reach the 900 win plateau. Coach Peterson teams have earned 9 state berths earning three 4th place finishes, four 3rd place finishes and two State Runner-ups. Coach Peterson has been coaching since 1992 at St. Viator and Barrington.

Greg Blakey

Coach Blakey is the head coach of Mt. Zion HS and has been at the helm since 1986. He went over the 800 wins mark last softball season. Coach Blakey's teams have won 21 regional championships along with two trips to the state tournament where they took 3rd in 2019 and 4th in 2018.

Brian Freese

Coach Freese is currently working with the University of Wisconsin softball program as an analyst. Coach has been around the game since he was born as his father, Mike Freese, is the long-time assistant coach at Barrington. Coach Freese is the co-owner of the John Mallee Major League Coaching Clinics.

Jeff Nowaczyk

Jeff brings a high-level of softball experience and knowledge to RISE Softball. After completing his college baseball career at Central Michigan University he became the Assistant Baseball Coach and Recruiting Coordinator at Northwood University. Nowaczyk has served as a catching and hitting instructor for 15 years; working camps, clinics, and private lessons throughout the Midwest Region.

Fred Schlessinger

Fred is a 2019 Hall of Fame Umpire. He has been officiating since the age of 14. He has done numerous state finals and is one of the most accomplished officials in the Chicagoland area.

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| *** Location *** Club Fusion Volleyball Center 11104 S. Grant Hwy (Rt 20) Marengo, IL 60152 http://www.clubfusionvb.org/directions.asp | ***Directions*** From the Northwest Suburbs: Take I-90 West towards Rockford. Take the US-20 exit toward MARENGO/HAMPSHIRE. Turn LEFT onto US-20. From Rockford: Merge onto I-90 E toward CHICAGO (Portions toll). Take the exit toward US- 20/MARENGO/HAMPSHIRE. Turn LEFT onto US-20. |
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| ***Cost*** \$80 per coach Sign Up & Pay Online at: https://illinoissoftballcoachesassociation.ryzerevents.com/register.cfm Or Make checks payable to MCHS & Send to: MCHS c/o Dwain Nance 110 Franks Rd. Marengo, IL 60152 | ***Questions*** Contact Dwain Nance fisherman0916@yahoo.com (217) 778 - 9603 |
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2023 Illinois Coaches Association Softball Coaches Clinic Registration Form

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|---------------------------------|--|---------------|--|
| School / Travel Program: | | Email: | |
| Contact Name: | | Coach: | |
| Coach: | | Coach: | |
| Coach: | | Coach: | |

Make checks payable to MCHS & Send to: MCHS, c/o Dwain Nance, 110 Franks Rd., Marengo, IL 60152

Roundtable Questions

1. What are 3 things that a new coach should know about how to build a program?
2. What are 1 or 2 things that you have done or did to allow your program to sustain success?
3. What are some ways to keep numbers in the program?
4. How many hours do you or did you practice daily? And what was the breakdown between offense, defense and base running?
- 5.